## CATERING GUIDE FOR GUESTS WITH FOOD ALLERGIES



## AN IMPORTANT NOTE TO OUR GUESTS

Whether you're craving a traditional breakfast, fresh salad or homestyle favorite, we like to think there's something for everyone at Cracker Barrel Old Country Store<sup>®</sup>. Knowing that some of our guests may have specific dietary needs, we've crafted a variety of dishes to make sure that everyone at the table can enjoy a delicious meal that's right for them.

The information provided in this guide is based upon ingredient statements provided to us by our suppliers and highlights which menu items are prepared without allergen containing ingredients. Our normal kitchen operations involve shared preparation and cooking areas, including common fryer oil; therefore, cross-contact of all our menu items is possible. We have identified menu items cooked in our fryer or on our grill that may come in contact with ALL allergens and are marked with a "Y." Fried and Grilled items should NOT be consumed if you have a food allergy. We cannot guarantee that the menu items listed are completely free of allergens. Regarding gluten, menu items that do not contain gluten does not necessarily meet the definition of "gluten-free" for those who are highly sensitive. We recommend our guests with food allergies speak with the restaurant manager prior to placing an order, to make the kitchen aware of your needs.

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	Breakfast Menu														
Y - potential risk of cross-contact to all allergens due to cooking method	Preparation	1	Common Allergies  Grilled Egg Fish Milk Peanut Sesame Shellfish Soy Tree Nuts Wheat Gluten												
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten			
All-Day Breakfast Meals															
Meat Biscuits															
Smoked Sausage Biscuit		Y			Χ				Х		Х	Х			
Sugar Ham Biscuit		Y			Χ				Х		Х	Х			
Country Ham Biscuit		Y			Χ				Х		Х	Х			
Eggs n' Meat															
Scrambled Eggs		Y	Χ						Х						
Thick-sliced Bacon		Y													
Smoked Sausage Patties		Y													
Spicy Chicken Sausage		Υ							Χ						
Country Ham		Y													
Sugar Cured Ham		Y							Х						
Ham Egg n' Cheese Hashbrown Casserole			Х		Χ				Х		Х	Х			
Griddle Classics															
Buttermilk Pancakes (plain)		Υ	Х		Χ				Χ		Х	Х			
French Toast (plain)		Y	Х		Χ				Х		Х	Х			
Sweet Toppings															
100% Pure Natural Syrup															
Sugar-Free Syrup															
Low-Sugar Fruit Spread															
Breakfast Extras															
Buttermilk Biscuits					Χ				Х		Х	Х			
Hashbrown Casserole					Χ				Х		Х	Х			
Loaded Hashbrown Casserole		Υ			Χ				Χ		Х	X			
Fried Apples															
Sawmill Gravy					Χ				Х		Х	Х			
Fresh Fruit															

Y - potential risk of cross-contact to all allergens due to cooking method	Preparation						Com	mon Allerg	ies			
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten
Lunch and Dinner Meals												
Homestyle Chicken	Υ		Х		Х				Χ		Х	Х
Chicken Fried Chicken (plain)	Υ		Х		Х				Χ		Х	Х
*with Sawmill Gravy					Х				Χ		Х	Х
Chicken n' Dumplins					Х				Χ		Х	Х
Pot Roast					Х				Х		Х	Х
Classic Meatloaf			Х						Χ		Х	Х
Smoky Southern Grilled Chicken Breasts		Υ							Χ			
Steak Sirloin Tips (seasoned with a buttery garlic sauce)		Υ					Х		Х		Х	Х
Grilled Chicken Tenders (dipping sauce allergen information in sauces)		Υ							Χ			
Crispy Tender Dippers (dipping sauce allergen information in sauces Page 3)	Υ		Х		Х				Χ		Х	Х
Sugar Cured Ham		Υ							Χ			
Turkey n' Gravy (includes Turkey and Turkey Gravy)					Х				Χ		Х	Х
*with Cornbread Dressing			Х		Х				Χ		Х	Х
Southern Fried Chicken	Υ										Х	Х
U.S. Farm-raised Catfish (fried)*	Υ			Х								
*with Hushpuppy	Y		Х		Х				Χ		Х	Х
*with Tartar Sauce			Х						Χ			
Salads												
Side Salad					Х							

	Lunch/Dinner Menu													
Y - potential risk of cross-contact to all allergens due to cooking method	Preparation	1	Common Allergies											
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut				Tree Nuts	Wheat	Gluten		
Catering Sides														
Bread Choice														
Buttermilk Biscuits					Х				Х		Х	Х		
Corn Muffins			Χ		Χ				Х		Х	Х		
Sourdough Bread											Х	Х		
Classic Sides														
Cole Slaw			Х						Х					
Country Green Beans														
Cornbread Dressing			Χ		Χ				Х		Х	Х		
Dumplins					Χ				Х		Х	Х		
Fried Apples														
Hashbrown Casserole					Χ				Х		Х	Х		
Macaroni n' Cheese					Χ				Х		Х	Х		
Mashed Potatoes (choice of gravy below)					Х				Х					
*Brown Gravy					Χ				Х		Х	Х		
*Sawmill Gravy					Χ				Х		Х	Х		
Seasoned Rice					Χ				Х		Х	Х		
Sweet Potato Casserole *contains pecans					Χ				Х	X				
Sweet Whole Baby Carrots									Х					
Whole Kernel Corn									Х					
Premium Sides														
Loaded Hashbrown Casserole		Υ			Χ				Х		X	Х		
Loaded Mashed Potatoes					Χ				Х					
Bacon Mac n' Cheese					Χ				Х		Х	Х		
Fresh Fruit														
Side Salad					Χ						X	Х		
Salad Dressings														
Balsamic Herb Vinaigrette														
Blue Cheese			Χ		Χ									
Buttermilk Ranch			Χ		Χ									
Honey Mustard			Χ											
Sauces														
Nashville Hot														
Carolina Gold														
BBQ Sauce														
Buttermilk Ranch			Х		Χ									
Honey Mustard			Χ											
Comeback Sauce			Χ											

Y - potential risk of cross-contact to all allergens due to cooking method	Preparation	Common Allergies  Firilled Egg Fish Milk Peanut Sesame Shellfish Soy Tree Nuts Wheat Glut											
X - Menu item contains specific allergen	Fried (Soybean Oil)	Grilled	Egg	Fish	Milk	Peanut	Sesame	Shellfish	Soy	Tree Nuts	Wheat	Gluten	
Crispy Tender Dippers Platter													
Crispy Tender Dippers (dipping sauce allergen information in sauces Page 3)	Υ		Х		Χ				Х		Х	Х	
Barrel Cheeseburger Slider Platter													
Barrel Cheeseburger Sliders (with cheese)		Y			Χ		Χ				Х	Х	
Pickle Slices													
Build Your Own Chicken Sandwich Bar													
Fried Homestyle Chicken Sandwich (plain)	Y		Х		Χ		Χ		Х		Х	Х	
Grilled Chicken Sandwich (plain)		Y					Χ		Χ		Х	Х	
*Thick-sliced Bacon		Y											
*Coby Cheese Slices					Χ								
*Choice of Three Sauces: Sauce information in Sauces Page 3													
Iced Tea n' Beverages													
Premium Coffee													
Unsweetened Iced Tea													
Sweetened Iced Tea													
Peach Tea													
Orange Juice													
Old-Fashioned Lemonade													
Desserts													
Double Fudge Coca-Cola® Cake			Х		Χ				Χ		Х	Х	
Homestyle Cookies			Х		Χ				Х		Х	Х	